

THE CYPRESS CONNECTION

2605 Arugula Dr., North Port, FL 34289 | ph: 941-426-9090



JANUARY 2026

For all your Lifestyle questions, please email: cypressfallslifestyle@accessdifference.com



January 2026 Events

Minnesota Meet & Greet

January 5, 2026

4:00 pm to 6:30 pm

Join us for a friendly Meet and Greet, specially organized for Minnesota natives and those from surrounding states. Connect with fellow Midwesterners, share stories, and make new friends in your new community!

Woman's Coffee and Connect

January 6, 2026

9:00 am-10:30 am, Internet Café

You're invited to Women's Coffee & Connect, a monthly gathering for women in our community to come together for coffee, tea, and delicious pastries.

Thirsty Thursday

January 8, 2026

4:00 pm

Internet Café & Blue Canopy

Whether it's wine, soda, iced tea, or something spirited — bring what you love to sip and a little something to share. It's the perfect recipe for a great night out! Bring your favorite beverage and a shareable snack or appetizer to enjoy with neighbors.

New Years Bingo

January 9, 2026, 6:30 pm

Social Hall

\$5.00 per card

Come join your neighbors for a night of laughter, prizes, and classic bingo excitement. Bring your lucky charm and get ready to yell "BINGO!" — we can't wait to see you there!

Card sale ends at 6:20pm

Men's Discussion Group

January 13, 2026

10:00 am

Back Left Social Hall

The main objective of this discussion forum is to facilitate connection, friendship, purpose, and support during a stage of life often marked by major transitions. Basic ground rules of respect, confidentiality, and equal speaking time will be maintained.



Renegade Classic Rock Tribute Band

Social Hall

January 14, 2026

6:00 pm Social Hall

Renegade is back by popular demand! With classic hits from The Doobie Brothers, Styx, Fleetwood Mac, Led Zeppelin, Linda Ronstadt, Janis Joplin, The Doors, Heart and many more, Renegade has it covered!

Ladies Luncheon

Thursday, January 15, 11:30 am

Location to be determined.



Trivia Night

January 16, 2026, 7:00 pm

Social Hall, \$7.00

Test your knowledge and have fun at Trivia Night! Gather your friends, form a team, and compete for prizes in a lively evening filled with questions, laughter, and friendly competition. All are welcome—please register!

Club Meet and Greet

January 19, 2026

1:00 pm to 3:00 pm

Join us for a Club Meet and Greet! Discover a variety of activities and interest groups in our community, meet new friends, and find something you love to get involved in. Everyone is welcome! If you run a group, please add your email to be included on our list



National Spaghetti Day

January 23, 2026

6:00 pm, Social Hall

Join your fellow Cypress Falls residents for a delicious spaghetti dinner followed by a screening of the classic movie "Under the Tuscan Sun." Enjoy great food, good company, and a wonderful film—everyone is welcome!

One Blood

January 26, 2026

10:00 am to 3:00 pm

All donors receive a \$20 eGift card, a long-sleeved T-shirt, and a wellness checkup. Please eat a well-balanced meal and hydrate before donating. Use sponsor code 65280 to register.

Chilli Cook Off

January 30, 2026

5:00 pm to 7:00 pm, Social Hall

Get ready for our Chili Cook Off! Join us for a free evening of delicious chili, live music by Kurt-N-Rod, and fun with your neighbors. Cast your vote for the best chili, win prizes, and bring your favorite chili, appetizer, dessert, or cornbread to share!

February Events

February 7th
Date night

February 11th
Mixology 101

February 14th
Cupids Revenge
Featuring The Ambitions

February 18th
The Joke Is on You

February 25th
Felix & Fingers Dueling Pianos

February 28th
Relay for Life Wine Tasting



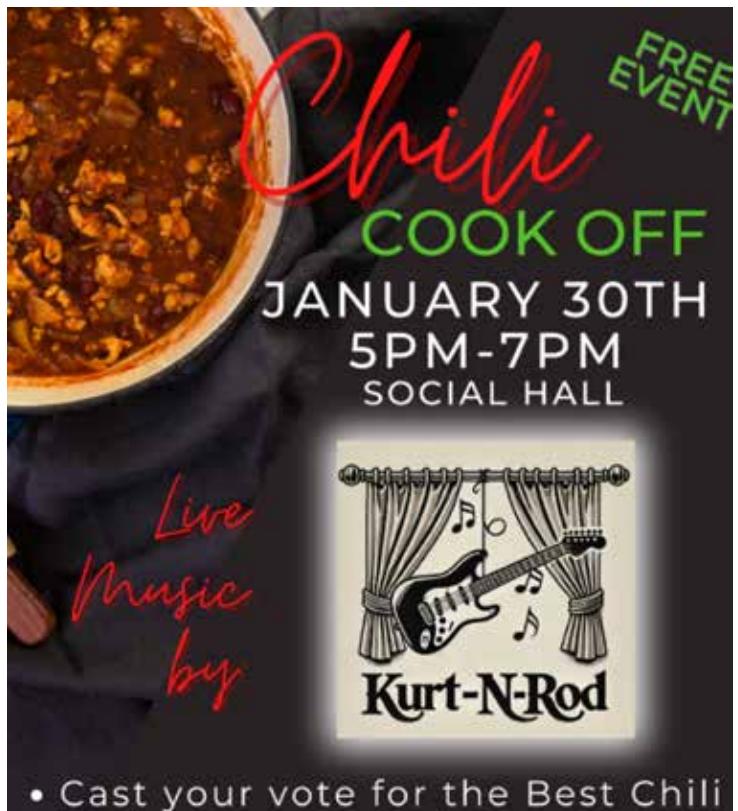
New Year's Bingo

Friday January 9 2026

6:30 Social Hall



BINGO



FREE EVENT

Chili COOK OFF

JANUARY 30TH
5PM-7PM
SOCIAL HALL

Live music by Kurt-N-Rod

Cast your vote for the Best Chili in the Community!
Prizes for the top contenders.
Bring Chili, appetizer, dessert, or cornbread.



MINNESOTA MEET & GREET

1ST MONDAY OF THE MONTH, FROM NOVEMBER THROUGH APRIL

4PM-7PM INTERNET CAFE

BYOB! NO RSVP REQUIRED

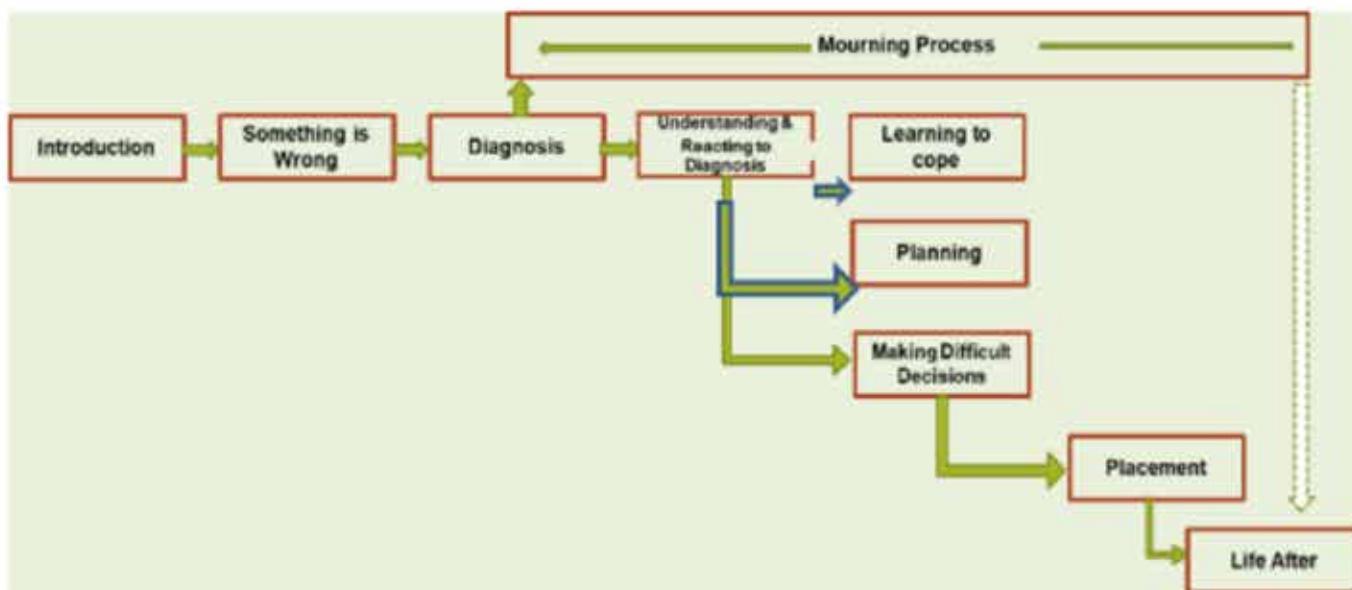
MINNESOTA

CAREGIVING FOR ALZHEIMER'S DISEASE: A PERSONAL JOURNEY

6 Sessions that will provide an overview of the issues, the impact of diagnosis, and the challenges facing the caregiver.

SESSIONS INCLUDE:

Introduction, Dementia, Costs and Caregiving, Diagnosis and Action Items, Impact on You, Hard Decisions and Guilt, Placement and Life After

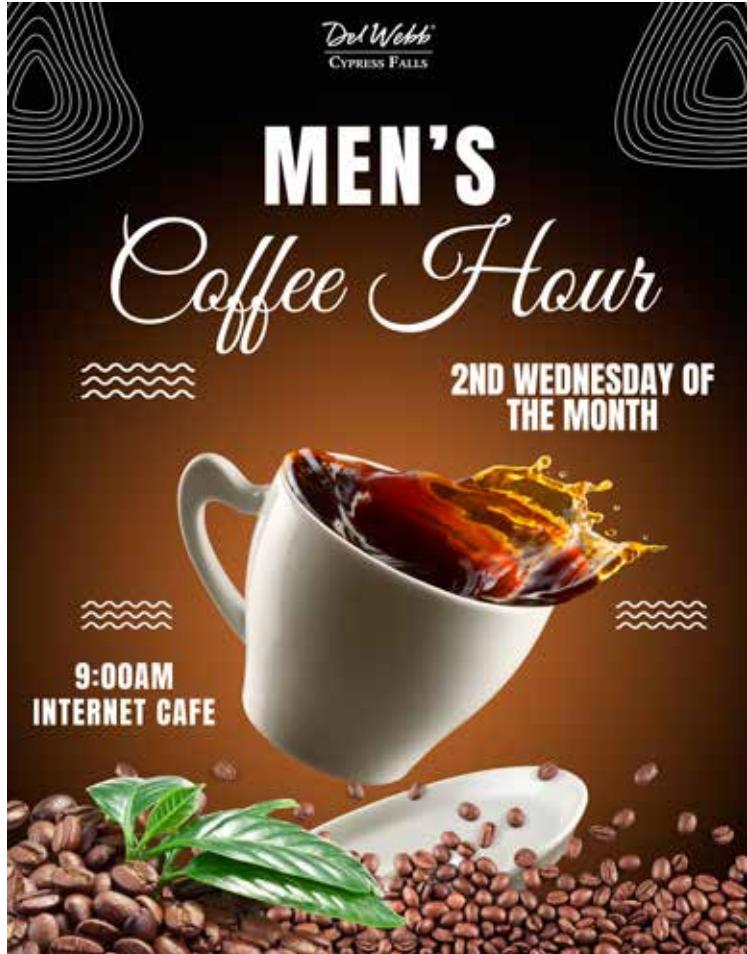
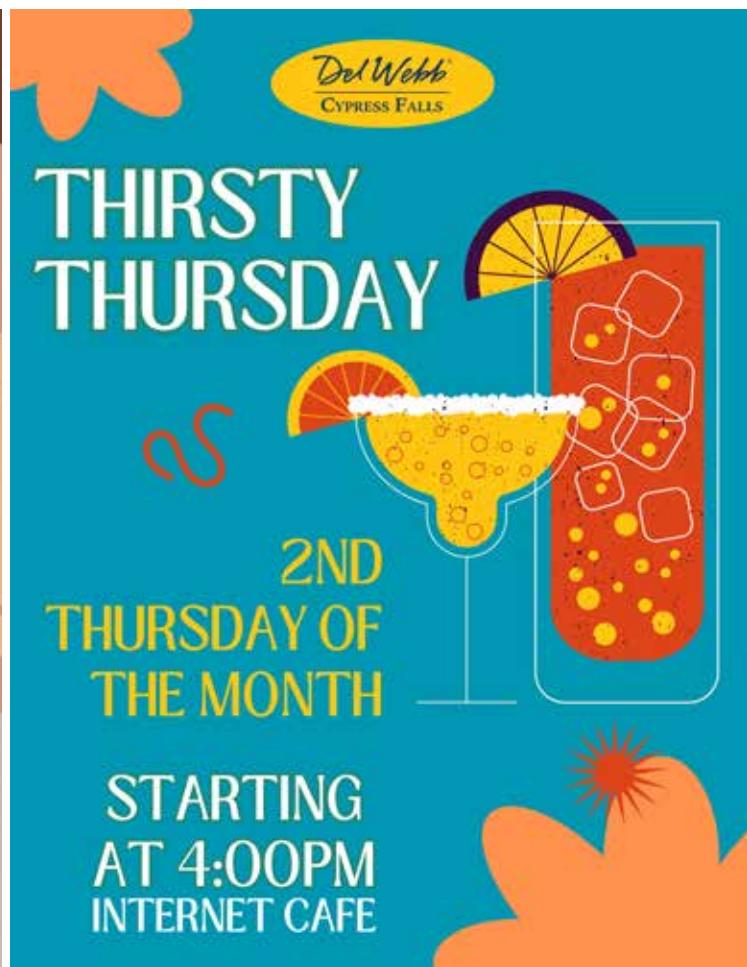


WEDNESDAYS, 9:00AM-10:30AM

January 14th – February 18th

Conducted by Bill Harris, whose wife was diagnosed with early onset Alzheimer's in 2009 and passed away in 2017. He has conducted these sessions for 6 years at Olli (Southern Oregon University, George Mason University and U. of South Florida) and two years at Cypress Falls.

FREE SESSIONS



January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					9	10
4	5	6	7	8	9	11
	Pool Volleyball 1-4 pm	Minnesota Meet and Greet 4 pm	Woman's Coffee and Connect 9 am	Thirsty Thursday 4 pm	New Years Bingo 6:30 pm	16 Trivia Night 7 pm
11	12	13	14	15	16	17
	Pool Volleyball 1-4 pm	Men's Discussion 10 am	Renegade Band 6 pm	Ladies Luncheon 11:30 am		

18	Pool Volleyball 1-4 pm	19 Club Meet & Greet 1-3 pm	20	21
			22	23 Spaghetti Dinner and Show 6 pm
			24	
			25	26 One Blood 10-3pm
				27
				28
				29
				30
				31 Chilli Cook off 5-7 pm



Basket Raffle & Wine Tasting

Saturday, February 28
5 pm - 7 pm

- Tickets go on sale January 10 through February 10
- \$15 per person
- Door prizes!
- Delicious food and desserts!
- Music by Kurt 'N Rod

New this year -

Craft beer from Charlie Foxtrot
Brewery in Port Charlotte!



Wine and basket donations can be dropped off at the clubhouse between January 10 and February 20.

CIVICS -- 101

How did we get here?

The purpose of the class is to look objectively at how we got here.

How one's view on important philosophical questions (such as the nature of the individual) influence: how one would build a government, define its role in society, and evaluate its effectiveness.

Brief Course Outline

Week 1
Pre-Revolution Environment / History

Week 2
The Codification of our Government - Articles of Confederation / U. S. Constitution

Week 3
State and Local Governments

Week 4
Political Parties and Movements

Week 5
Economic Systems and Events Impacts on Government

Week 6
Current Issues Socially, Culturally, Economically, and Politically.

6 Week Class

Tuesdays:

10:00 – 11:30AM

January 13th – February 17th

Social Hall

This class is NOT an argument between Republicans and Democrats. This class is NOT making judgments about citizens' viewpoints.

Conducted by Bill Harris Cypress Falls Resident with a Master's degree in Political Science and a Minor in Philosophy.

Cypress Falls Clubs & Groups Schedule & Contact

Billiards

Sun, Tues, Thurs & Fri, 6:00pm
Jim Matthews jimpatah@outlook.com
Wednesdays, 2:00pm

Bocce

Saturdays, 9:00am
Walt.Jamroga.tplanter1@yahoo.com
Joann.Hulet.sjoanhulet@hotmail.com
Thursdays, 1:00pm
Robert Vincent (734) 558-4735

Book Club

2nd Tuesday of the month
10:00am, Back Right Social Hall
Joyce.Loncarevic.sjloncari@aol.com

Bowling

Saturdays
12:00pm, Treasure Lanes
\$6.00 per game
David.Miller.davidsmiller51@gmail.com
Mondays
11:00am, Treasure Lanes
\$12.00 cash for 3 games
Jimmy Overton
jimmyoveryon15@gmail.com
Eileen.Pietila.iwnrt1@icloud.com

Bridge

Mondays
1:00pm, Back Right Social Hall
Liz Cosentino
Tuesdays
6:00pm, Back Right Social Hall
Emilie.Kawas.efkawas@yahoo.com
Wednesdays
1:00pm, Back Right Social Hall
Phyllis Horgos
emhorgos@hotmail.com

Beginners Bridge (Seasonal)

Mondays
11:00am, Back Right Social Hall
Emilie.Kawas.efkawas@yahoo.com

Bunco

1st Thursday of the Month
1:00pm, Internet Café
Sandy.Ricciuto.sandyricciuto@yahoo.com

Candlelight Yoga

Mondays, 6:00pm, Front Social Hall
Emilie.Kawas.efkawas@yahoo.com

Card Making Mondays

Mondays, 1:00pm, Craft Room
Jeanne.Dee.Jeanne1md@gmail.com
Maureen Rosenbaum
mored1017@aol.com

Cardio Drumming w/ Anne (\$5.00 per class)
Thursdays, 10:00am Front Social Hall
Anne.Pisano.Pisanoda@aol.com

Co-ed Bible Study

Tuesdays, 11:00am Back Left Social Hall
Judith.Whitaker.jude33@mac.com

Cornhole

Wednesdays, 8:30am (Summer Hours)
Kathy & Scott Denison
kathy@scottdenison.com

Crafters

Thursdays, 1:00pm, Craft Room
Florence.Vincenti.Favincen813@gmail.com

Crazy Quilters

Tuesday 8:00am-3:00pm, Craft Room
Gail.Hoover.469-288-9479
Gailhoover07@outlook.com

Creative Endeavors

Fridays 1:00pm-3:00pm, Craft Room
Linda.Sjogren.lsjog324@aol.com

Euchre

Thursday 6:30pm, Back Left Social Hall
Fred.Berger.941-408-6631

Golf League

Fridays, 11:00am, Capri Isles
\$50.00-75.00 (depending on the time of year)
David.Miller.davidsmiller51@gmail.com

Hand and Foot

Mondays at 6:00 pm
New People and beginners welcome card games

Horseshoes

Tuesdays & Thursdays (Seasonal)
Jon.Betrus.jonbetrus@hotmail.com

Ladies Golf League

Wednesdays 11:00 Kings Gate Golf Club
Nov- April Contact Jeanie Mather League Leader
248-330-3155 jeaniemather@msn.com

Line Dancing (\$5.00 per class)

Beginners Class
Mondays, 4:00pm-5:00pm, Front Social Hall

Intermediate Level

Thursdays 6:30pm-7:30pm Front Social Hall
Doreen.Freeman.Doreen.freeman.fl@gmail.com

Mahjongg

Mondays
10:00am-12:00pm, Back left Social Hall
Nancy.Robinson.nancyrobinson5780@gmail.com

Mondays & Thursdays (Competitive)

1:00pm, Back Left Social Hall
Linda.Sherry.klsherry@yahoo.com
Wednesdays
6:30pm, Back Left Social Hall
Dolores.Rydzewski.doloresrydzewski@yahoo.com

Fridays

1:00pm, Back Left Social Hall
Sue.Betrus.smbetrus@hotmail.com

Men's Bocce

Tuesdays, 8:30am
Mark.Freeman.mark.ellis.freeman@gmail.com
Tuesdays 1:00pm

Men's Golf League

Fridays: 11:26am, Capri Isles
Fees: \$65 plus tax
David.Miller.davidsmiller51@gmail.com

Men's Bible Study

Thursdays, 8:00am, Library
Walt.Jamroga.tplanter@yahoo.com

Men's Discussion Forum

2nd Tuesday of the Month, 10:00am
Back Right Social Hall
Bob.Davis.davisri57@yahoo.com

Mexican Train

Tuesdays
6:30pm, Front Social Hall
Steve.& Cindy.Yager.sbyager@gmail.com
Wednesdays, 1:00pm

Paper Craft Expressions

Tuesdays, 6:00pm, Craft Room
Liza.Drasutis.eadrasutis@hotmail.com

Pickleball

Daily, 8:00am
Tuesdays & Thursdays, 5:00pm-7:00pm

Beginners Pickleball

Tuesdays at 8:00 am & Thursdays, 10:00am
Tom.Ward.tomandpaula@comcast.net

Double Pinochle

Mondays, 6:00pm, Back Right Social Hall
Pat.Diver.patdiver@comcast.net

Poker

Sun, Mon, Wed, and Thurs, 6:30pm-8:30pm
Craft Room
Anthony.Guarcello.aguarcello@comcast.net

Relay for Life Team

Faith.Mulroy.mulroyfaith4@gmail.com

Samba

Tuesdays
1:00pm-3:30pm, Front Social Hall
Joan.Hulet.sjoanhulet@hotmail.com

Wednesdays

1:00pm-3:30pm, Front Social Hall
6:30pm, Back Right Social Hall

Thursdays

1:00pm-3:30pm, Front Social Hall
Kathy.Denison.kathy@scottdenison.com
Pat.Hagen.Russell.pchagen52@yahoo.com

Stage Crew

Bill.Farmer.bfmace73@gmail.com

Tai Chi

Monday-Friday, 12:00pm, Front Social Hall
Donnajackson@comcast.net

Tennis

Tuesdays, Thursdays, Saturdays, 8:00am
Phyllis.Horgos.emhorgos@hotmail.com

Walk Aerobics

Monday-Saturday
9:00 am-10:00am, Social Hall
Emilie.Kawas.efkawas@yahoo.com
Nancy.Meaker.njmeaker@prodigy.net

Water Aerobics

Mondays, Wednesdays, Fridays, 9:00am
Randy.Davis.davisrb11@gmail.com
Bev.Hemstreet.Bev.hemstreet@gmail.com

Water Volleyball

Sundays, 1:00pm-4:00pm
Jimmy Overton
Jimmyoveryon15@gmail.com

Yoga with Anne (\$5.00 per class)

Mondays, 10:00am
Front Social Hall
Tuesdays & Thursdays, 7:50am
Front Social Hall

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New Year**



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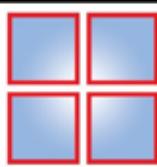
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